

KAYAK INSTRUCTION, INC.

The School

Dave Holl began planning what has become the school of Kayak Instruction, Inc., during the summer of 2000 while kayaking in the Grand Canyon with a group of fifteen other river enthusiasts. The idea was to bring the highest level of kayak instruction available in the country to Texas.

Mission Statement

To provide quality kayak instruction to as many segments of the population as possible, emphasizing safety, enjoyment and skill acquisition.



www.kayakinstruct.com
214-629-4794

NOTE: *All students are required to read and sign a waiver in order to participate.*

STREAMS AND VALLEYS, INC.

The Mission

Streams and Valleys was formed in 1969 for the purpose of planning and coordinating the beautification and recreational development of the Trinity River in Fort Worth. Building trails, planting trees and providing access to the river are some of the means that the non-profit organization's volunteers use to ensure that the Trinity remains an important public amenity. Streams and Valleys works in close cooperation with government and community agencies with tax deductible donations originating from community organizations, foundations and individual contributors.

Streams and Valleys, Inc., a non-profit organization, with its headquarters in Fort Worth, Texas, is qualified as a charitable corporation under 501 (c) (3) of the Internal Revenue Service.



www.streamsandvalleys.org
817-926-0006

S U M M E R 2 0 0 9

Kayak Clinics

TRINITY RIVER
FORT WORTH, TEXAS

Sponsored by
STREAMS AND VALLEYS, INC.

Don't just admire the river, get on it!

Classes are available for all levels of experience and areas of interest:

Flatwater Fundamentals: This introductory program is aimed at all ages and fitness levels, providing the necessary skills to paddle safely, efficiently and confidently.

Basic River Running Skills: Designed as the next step from Flatwater Fundamentals, this clinic focuses on reading river features, navigating downstream, and fine tuned control techniques.

Moonlight Paddle: Participants will enjoy a one-mile paddle to Heritage Park, dinner in Sundance Square, and a return trip in quiet water lit by the moon. Prior kayak experience is helpful, but not necessary.

Experienced Instruction

Kayak Instruction, Inc. joins us for the fifth year in a row. Owner/instructor Dave Holl recruits highly skilled local paddlers to introduce students to one of the country's most popular sports.

While the sport of kayaking may be enjoyed by all ages, Streams and Valleys requests registrants be 12 years or older. We invite children 10 or 11 years old to participate with a parent or guardian.

REGISTRATION FORM

Send completed form and full payment or credit card information to: Streams and Valleys, Inc., P. O. Box 101373, Fort Worth, Texas 76185

Flatwater Fundamentals – Check date selected.

COURSE START DATE	PRICE	LOCATION
<input type="checkbox"/> Sat., May 30, 2009	\$95	Trinity Park
<input type="checkbox"/> Sat., June 20, 2009	\$95	Trinity Park
<input type="checkbox"/> Sat., July 25, 2009	\$95	Trinity Park
<input type="checkbox"/> Sat., August 29, 2009	\$95	Trinity Park
<input type="checkbox"/> Sat., September 26, 2009	\$95	Trinity Park

Moonlight Paddle – Check date selected.

COURSE START DATE	PRICE	LOCATION
<input type="checkbox"/> Sat., June 20, 2009	\$50	Trinity Park
<input type="checkbox"/> Sat., October 3, 2009	\$50	Trinity Park

Basic River Running Skills – Check date selected.

COURSE START DATE	PRICE	LOCATION
<input type="checkbox"/> Sat., June 13, 2009	\$70	Trinity Park
<input type="checkbox"/> Sat., October 3, 2009	\$70	Trinity Park

TOTAL \$ _____

NAME _____

ADDRESS _____

CITY, ZIP _____

EMAIL ADDRESS _____

PHONE _____

Method of Payment: Check Visa MasterCard

CREDIT CARD NUMBER _____

EXPIRATION DATE _____

CARD HOLDER SIGNATURE _____

IMPORTANT

Please contact the Streams and Valleys, Inc. office (817-926-0006 or info@streamsandvalleys.org), if special needs such as dietary restrictions or weight considerations are important to your enjoyment of this program.

Please read the cancellation policy on next panel.

IMPORTANT INFORMATION

Clinic Hours:

Flatwater Fundamentals	10 a.m. to 4:30 p.m.
Moonlight Paddle	7 p.m.
Basic River Running Skills	10 a.m. to 2 p.m.

All gear, equipment and lunch are provided for day classes. Cost of dinner at Sundance Square on the *Moonlight Paddle* is not included.

Location: Trinity Park

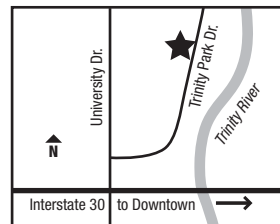
Dress: Except for the *Moonlight Paddle*, you will get wet. Sandals with straps or sneakers are recommended. Wear comfortable clothing that offers sun protection. Don't forget your hat, sunscreen and towel.

All instructors are certified under the guidelines of ACA, ARC and/or the USACK, the nationally recognized governing body for paddle sports.

Clinic size is limited. Register early.

Cancellation Policy: 70-percent of fee refunded through Thursday, IF class space can be filled. NO REFUNDS for cancellations made less than 24 hours before clinic.

Location Map and Directions:



Trinity Park

I-30, west of downtown, north on University Drive, right on Trinity Park Drive.

Customized clinics and paddle trips are available. Call Streams and Valleys for more details.